

# KaFai Li

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## EDUCATION

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**University of California, Davis – Davis, CA**  
*Bachelor of Science in Clinical Nutrition*

**June 2023**  
GPA 3.17

**University of the Pacific – Sacramento, CA**  
*Master of Science in Clinical Nutrition*  
*Future Education Model Graduate Program*

**December 2024**  
GPA 3.71

- Completed 1000 hours of supervised experiential learning in diverse clinical nutrition delivery setting
- Verification Statement issued December 2024, with eligibility to sit for the Registration Examination for Dietitians administered by the Commission on Dietetic Registration

## SUPERVISED CLINICAL PRACTICE EXPERIENCE

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**Clinical Nutrition Student, Napa State Hospital, Napa, CA**

**April 2024 – May 2024**

- **Ambulatory Care Clinical Experience**
- Conducted medical nutrition therapy (MNT) for mental disorder patients on weight management and diabetes daily
- Developed group project to enhance teamwork cohesion such as “Secret Angel”
- Designed at least 2 handouts to increase patient health awareness such as constipation and microbiome
- Performed tray audits and provided feedback to minimize patients’ chewing/swallowing problems
- Delivered at least 3 group nutrition educations to enhance patients’ life skill post-discharge on nutrition label, beverages, and snacks

**Clinical Nutrition Student, Delta Health Care, Stockton, CA**

**June 2024 – July 2024**

- **Women’s Health/Pediatrics**
- Conducted nutrition education/counseling regarding benefits of having adequate iron intake and eating rainbow
- Designed bulletin boards, handouts, and new recipe to enhance client’s nutrition awareness regarding adequate iron intake and having diverse veggies
- Furnished anthropometric measurement (hemoglobin, height, weight) for infants, children, and women weekly
- Participated in the Farmers’ Market Nutrition Program to provide fresh veggies to more than 100 qualified WIC participants

**Clinical Nutrition Student, Kaiser Permanente, Sacramento, CA**

**July 2024 – August 2024**

- **Wellness, Innovation Nutrition Practice**
- Delivered nutrition education and anthropometric measurement on stroke and DASH diet to clients
- Developed educational materials and presentation to enhance client’s health literacy skills
- Engaged in at least 5 nutrition-focused webinars to enrich clients learning experiences

**Clinical Nutrition Student, Skyline Healthcare Center, Santa Clara, CA**

**August 2024 – December 2024**

- **Acute Care/Post-Acute Care Clinical Experience**
- Assisted with RD regarding providing MNT for more than 230 residents on wound healing, weight management, diabetes, dialysis, tube feeding, cirrhosis, and malnutrition
- Shadowed with RDs at least 2 on kitchen inspections to monitor quality of work delivered by each kitchen co-workers
- Evaluated at least 10 residents regarding malnutrition and possibility of edema via Nutrition Focused Physical Exam (NFPE)

- Improved clinical team collaboration through regular communication and interdisciplinary meetings on patients' progress
- **Food Service/systems Management**
- Updated dietary preferences for more than 230 residents to improve clinical healing processes
- Acted as an Interpreter to update dietary alternatives to Chinese residents via Mandarin and Cantonese
- Created new alternatives menus for Chinese populations to overcome language barriers
- Shadowed with clinical dietary manager (CDM) on dietary orders and in-services

## PROJECTS

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### Updated Medical Nutrition Therapy Pocket Guide

2023 Spring Quarter

- Student handbook to accompany Nelms: Nutrition Therapy and Pathophysiology
- Applied nutrition knowledge and critical thinking in order to fulfill the validated content of MNT pocket guide
- Managed group meetings as team leader and followed up quality of work delivered by each member
- Updated medical abbreviations and terminology, enhancing the working efficiency and effectiveness

## Volunteer Experience

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### Volunteer, Kaiser Permanente, Sacramento, CA

September 2018 – December 2019

- Learned and followed protocol for ordering and delivering food and beverages to patients, including children, seniors, and people with disabilities
- Furnished physical therapy and massage treatment for patients

### Volunteer, Aggie Compass, Davis, CA

September 2022– April 2023

- Set up, prepared, and measured fresh produce prior to food distribution
- Distributed fresh produce to students coping with temporary food insecurity
- Performed service table clean-up and composted leftover fresh produce

### Intern, Good Food Garden (Team Davis), Davis, CA

September 2022 – April 2023

- Furnished nutrition education to local community, including to those who are differently abled
- Prepared activities and materials for nutrition education lesson
- Created newsletter with contents including fundamental nutritional concepts, fun facts, and recipes
- Gathered nutrition resources and conducted research to define goal and learning objectives for nutrition lessons

## Additional Sections:

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- **Research:** The Association between Socioeconomic and Vitamin D Levels in Non-Hispanic Asian Population in the United States, a National Health and Nutrition Examination Survey (NHANES) 2017-2018
- **Skills:** Technical Skills – Anthropometric Assessment (NFPE), Microsoft Office Suite (Excel, Word, PowerPoint, Publisher), Google Drive (Sheets, Docs, Slides), and Website design (WIX)
- **Languages:** Trilingual – Proficient in Cantonese, Mandarin, and English
- **Honors & Awards:** Department of Health Care Access and Information (HCAI) 2023-2024 Allied Healthcare Scholarship program
- **Certificate:** ServSafe Food Protection Manager Certification, Foodservice Energy Efficiency Expert, Adult and Pediatric First Aid/CPR/AED