

## Progress Report Overview

<b>Student:</b>	<b>KaFai Li</b>
<b>Activity:</b>	Ann Campbell
<b>Start Time:</b>	03/06/2023 19:12:27
<b>End Time:</b>	03/10/2023 18:44:54
<b>Total Time:</b>	15:23:05

### Actions

Note at 03/10/2023 18:44:43

# Ann Campbell Documentation



**Student:** KaFai Li  
**Activity Start:** 03/06/2023 19:12:27  
**Activity Completion:** 03/10/2023 18:44:54  
**Activity Completion:** 15:23:05

## Patient Data



**Patient:** Ann Campbell  
**Age/Sex:** 76 yo F  
**Location:** General Hospital

**DOB:** 09/01/1946  
**MR#:** MR18744  
**Admit Date:** 02/23/2023

## Notes

Note at 03/06/2023 19:13:21

## ADIME Note

### Basic Information

**Date:**

03/06/2023 19:13:21

**Author:**

KaFai Li

**Location:**

General Hospital

**Patient name:**

Ann Campbell

**Date:**

02/23/2023

### Assessment

**Diagnosis:**

Admitted for partial gastric resection r/t stage IA gastric carcinoma. MD ordered consult for nutrition education.

**Age:**

76

**Gender:**

Female

**Race:**

Caucasian

**Ethnicity:**

N/A

**Client History****Medical history:**

S/P partial gastric resection d/t stage IA gastric carcinoma.

**Medical diagnoses:**

chronic gastritis x 5yr , pernicious anemia x 4yr, and S/P stage IA gastric carcinoma.

**Family history:**

Mother and aunt had died of breast cancer. Sister passed away d/t ovarian cancer. Husband has passed away. Unknown family history of gastric cancer.

**Social history:**

Retired teacher. Live alone but neighbor visits daily. Monitor lifestyle and walking exercise daily. Family have alcohol 1-2 drinks/d and coffee 3-4 cups/d. No tobacco and drug use.

**Nutrition-related medications:**

Digoxin 0.25 MG: flaxseed, psyllium, foxglove, goldenseal, hawthorn, rue, St. John's wort.

Heparin sodium, porcine 5000 UNT/ML: arnica, anise, chamomile, clove, dong qual, garlic, ginger, ginkgo, feverfew, green, horse chestnut.

Percocet 2 tabs: St. John's wort

1 ML Morphine Sulfate 2 MG/ML prefilled syringe: chamomile, hops, kava, St. John's wort, valerian

Ondansetron 4MG/2ML prefilled syringe

5-5-fluorouracil 50MG/ML

**Current supplements:**

N/A

**Anthropometric history**

**Height:**

163 cm (5'4)

**Weight at admission:**

55.0 kg

**Current Weight:**

52.0 kg

**BMI:**

19.6 kg/m<sup>2</sup> (Normal weight)

**% Weight change:**

-5%

**IBW:**

54.5kg

**% IBW:**

95%

**UBW:**

55.0 kg

**% UBW:**

95%

**Other:**

N/A

**Weight assessment:**

3 kg wt loss (5%) in pass week r/t lately partial gastric resection of the lower curvature of the stomach.

**Biochemical history, medical tests, labs, and procedures:**

PTT (Activated) 65 sec (H)

**Nutrition Focused Physical Exam**

**Skin Assessment**

☒ Intact

**Edema**

None

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**Feeding Ability**

☒ Independent

**Oral Motor**

☒ Intact

**Muscle and fat store assessment:**

WDWN

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**If other, please explain:**

N/A

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**Food and Nutrition History****Current diet order:**

Soft diet

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**Assessment of usual intake:**

Having alcohol 1-2 drinks/d and coffee 3-4 cups/d

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**Assessment of current intake:**

Soft diet

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**Supplements/herbals:**

N/A

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**Food allergies and intolerances:**

NKA

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**Intake and digestive problems:**

n/v

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### Assessment of Nutritional Status/Nutrition Risk

☒ No malnutrition noted

### Nutrition Recommendations

#### kcal/day based on:

1427-1881 kcal/d based on 52 kg BW [(MSJ x AF 1.3 x IF 1.1-1.45)]

#### g protein/day based on:

52-78 gm/d (1.0 -1.5)gm/kg/d based on 52 kg wt)

#### mL fluid/day based on:

1427-1881 kcal/d (mL/kcal/d)

#### Other:

N/A

### Nutrition assessment summary:

WDWN, s/p partial gastric resection, c/o n/v, and anorexia. Pt is distressed d/t diagnoses of gastric cancer.

### Diagnosis

#### Nutrition Diagnosis:

Predicted inadequate energy intake (NI1.4)

#### PES Statement:

Predicated inadequate energy intake ((NI1.4) r/t lower appetite after partial gastric resection AEB pt c/o n/v and anorexia.

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## Nutrition Intervention

### Nutrition prescription:

To prevent further wt loss by providing nutrition education and counseling to ensure adequate energy intake and maintain lean muscle mass after doing partial gastric resection.

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### Food and nutrition delivery:

Diet Rx: Soft diet (ND-1.2.1.8) with nutrition rec'd 1427-1881 kcal, 52-78 gm protein, 1427-1881 mL fluid per day.

Rec'd

1: Rec'd SFM q3-4hr (ND-1.5)

2: Rec'd keep maintaining soft diet (ND-1.2)

3: Rec'd cool, low-odor soft food for n/v.

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### Nutrition education:

Discussed and rec'd increase energy intake and improve n/v and anorexia conditions in order to prevent lean muscle loss after partial gastric resection.

Nutrition Handout: Post gastrectomy nutritional management's handout

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### Nutrition counseling:

Provided motivational interviewing (C-2.1) based on goal setting (C-2.2) and health belief model (C-1.2) to encourage patient to increase energy intake.

Smart Goals:

1: Pt can have post-dinner snacks at least 2d/wk for 2wk.

2: Pt can choose high calorie-dense soft diet during lunch/dinner at least 3d/wk for 2wk.

Compliance:

Poor compliance r/t pt's reported depression after she's diagnosed by gastric cancer, but she believes the diagnosis is a mistake. And pt expected to be in the pre-contemplation state in the transtheoretical stage of change (C-1.4) d/t continuously have soft diet.

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### Coordination of care:

None

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## Monitoring and Evaluation

### Food and nutrient intake:

Monitor energy estimated intake from soft diet in 24 hours daily (FH-1.5.3.1.11)

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### Anthropometric measurements

Monitor wt (AD-1.1.2.1) daily

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### Biochemical data:

N/A

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### Nutrition focused physical findings:

F/U daily in hospital.

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### Signature/credential/date:

KaFai Li, Clinical Nutrition Student, 03/10/2022

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